

### Figure 1.3: Thinking About Our Thinking Completed Example

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Our teacher is here to help us learn, but we know how we learn best! We can become better learners by thinking about what works and what doesn't work.**

#### THINKING ABOUT OUR THINKING

I want to tell my teacher and remind myself how I learn best.

Some students need quiet, and some students need to move around. Some students need to build and some need to hear it aloud. What do you need in order to learn?

What techniques for learning strategies have you used that were helpful? (For example, I like to do hands-on experiments in science.)

What techniques or learning strategies have you used that were not helpful? (For example, I do not like making an outline and prefer to discuss my ideas with someone aloud.)

**Here is something I want my teacher to know about the way I learn best.**