

Self-Assessment of Metacognition

Students should read each of the statements contained in the assessment and place a + sign under the ones they perform well. Students should then reread the remaining statements, consider what they need to do to become more proficient, and note this in the sections labeled "Suggestions to Myself" and "My Plan of Action."

I attentively listen.	I ask appropriate questions.	I understand scientific concepts being shared.	I make connections among my ideas and those shared by others.	I consider evidence and research when making claims.	I offer thorough explanations.	I identify related areas for investigation.
Suggestions to Myself						
My Plan of Action: How can I help myself understand this information better?						