

Table 2.2: Chapter 2 Next Steps

What You Can Do Tomorrow	What You Can Do With More Effort	What You Can Do With More Resources
<ul style="list-style-type: none"> ▪ Teach children self-advocacy skills. ▪ Think about your mindset regarding challenging interactions. ▪ Have a conversation with your student regarding what social media platforms they like. Let them show you, explain to you what they like, or share special saved pages. ▪ Reach out to parents during the first days of school to open communication prior to any official school business. 	<ul style="list-style-type: none"> ▪ Initiate contact with other agencies, such as mental health services, social services, welfare, law enforcement, juvenile justice, and the electric company, to introduce the idea of a collaborative meeting to discuss your student's world. ▪ Think about your mindset during your interactions regarding culturally diverse students. ▪ Direct students to use social media as a form of expressive therapy. This allows the student to create and share user-generated content as a way of connecting with and understanding people. ▪ Regularly assess your students for character strengths and virtues (table 2.1, page 44) to inform communication and lesson planning. 	<ul style="list-style-type: none"> ▪ Write a grant to provide an integrative network of services that may involve monthly treatment-team meetings that include other involved services, such as mental health counseling, food, juvenile justice, electricity stability, academic tutoring, and so on, that are also easily accessible by the student's caregivers. ▪ Commit to engaging in a mindful reflection when addressing challenging behavior. ▪ Provide guidance in selecting social media that addresses the student's mental health concerns. ▪ Provide in-service training in positive psychology to those working with your student.