

Leadership Activity: Attachment Lens Walkthrough

When conducting this activity, make clear that this isn't about labeling students. It's about helping educators recognize patterns and respond with intention.

Objective: Create or foster a group where students feel safe and supported.

Material:

- Table 3.1 (page 67) or a link to a summarizing article, such as “Attachment Theory” by Amber Elliott (n.d.).

Duration: Thirty to forty-five minutes

Follow these steps.

1. Before a student support meeting or data discussion, provide your teachers with a simple, one-page summary of the four attachment styles.
2. During the meeting, ask the following questions.
 - “Which of these styles might this student be showing?”
 - “How could we respond in a way that matches that style rather than fights it?”
3. Model how teachers might adjust academic expectations, emotional responses, or communication styles to better support those students.

Reference

Elliott, A. (n.d.). *Attachment theory*. Accessed at <https://thechildpsychologyservice.co.uk/theory-article/attachment-theory> on June 15, 2025.