

## Sense of Belonging Tool (Secondary Students)

**Instructions:** Please indicate how much you agree or disagree with the following statements by circling the appropriate number on each one.

### Scale

1. Strongly disagree
2. Disagree
3. Neutral
4. Agree
5. Strongly agree

Part 1: Acceptance					
	Strongly disagree	→	Strongly agree		
I feel welcomed by the staff when I enter the school building.	1	2	3	4	5
The school staff genuinely care about me.	1	2	3	4	5
Most of my classmates accept me for who I am.	1	2	3	4	5
I am comfortable being myself at school.	1	2	3	4	5
I belong to the school community.	1	2	3	4	5
Part 2: Support					
I receive encouragement from the school staff.	1	2	3	4	5
I feel comfortable asking for help from my teachers.	1	2	3	4	5
I have at least one adult I can talk to about my problems at school.	1	2	3	4	5
My school provides resources that help me succeed academically.	1	2	3	4	5
My school offers programs that support my personal growth.	1	2	3	4	5
Part 3: Inclusion					
My opinions are valued in class discussions.	1	2	3	4	5
I see myself in the materials used all throughout school.	1	2	3	4	5
My school offers events and activities that I can relate to.	1	2	3	4	5
I feel included in classroom activities.	1	2	3	4	5
My school makes an effort to include everyone.	1	2	3	4	5

Part 4: Identity					
	Strongly disagree		→	Strongly agree	
My cultural background is respected at school.	1	2	3	4	5
I feel comfortable expressing my identity at school.	1	2	3	4	5
My school values different kinds of people.	1	2	3	4	5
My teachers acknowledge and celebrate diverse backgrounds regularly.	1	2	3	4	5
I am allowed to celebrate my cultural background at school.	1	2	3	4	5
Part 5: Relationships With Peers					
I have friends at school who I can trust.	1	2	3	4	5
My peers respect me.	1	2	3	4	5
I feel included in social activities with my peers.	1	2	3	4	5
I feel a sense of community with my classmates.	1	2	3	4	5
I can rely on my classmates for help.	1	2	3	4	5
Part 6: Relationships With School Staff					
I feel that the school staff are fair and just.	1	2	3	4	5
The school staff understand my needs.	1	2	3	4	5
The school administrators are available when I need them.	1	2	3	4	5
I can talk to my teachers.	1	2	3	4	5
I feel supported by the school counselors.	1	2	3	4	5
Part 7: Overall School Experience					
I feel safe at school.	1	2	3	4	5
My school takes action against bullying and discrimination.	1	2	3	4	5
My school is a positive learning environment.	1	2	3	4	5
I would recommend my school to other students.	1	2	3	4	5
My school promotes a sense of community.	1	2	3	4	5