

Figure 2.3: Rules for Pet Care Hand Washing

1. Wet your hands with running water, then turn off the tap to avoid wasting water.



2. Lather your hands by rubbing them together with soap.



3. Be sure to lather the backs of your hands, between your fingers, and under your nails. (Wash hands for twenty seconds or sing “Happy Birthday” twice.)



4. Rinse your hands well under clean, running water.



5. Dry with clean towel or air dry.

BE SURE TO . . .

- Wash your hands before and after handling a pet.
- Wash your hands before and after handling pet supplies and equipment.
- Wash your hands before and after cleaning your pet’s habitat.

Source: Adapted from Centers for Disease Control and Prevention, n.d.b.