

## Developing a Student SMART Goal

**Directions:** Complete the following template to develop a SMART goal to guide your work in class over the next few weeks.

<b>Name:</b>				
<b>Date:</b>				
<b>Your Goal:</b>				
<b>Is your goal . . .</b>				
<b>STRATEGIC AND SPECIFIC</b> Answers the question, "What do I want to accomplish?"	<b>MEASURABLE</b> Answers the question, "How will I know when I have achieved this goal?"	<b>ATTAINABLE</b> Answers the question, "Is this goal realistic for me to try to accomplish?"	<b>RESULTS ORIENTED</b> Answers the question, "What evidence can I collect to prove that I have accomplished this goal?"	<b>TIME BOUND</b> Answers the question, "When do I want to have this goal completed by?"

### Obstacles and Setbacks

What are the obstacles that you can foresee getting in the way of accomplishing your goal? What are some solutions or actions that you can take to overcome these obstacles and potential setbacks?

Obstacles	Solutions or Actions

**Action Items and Tasks**

List at least five action items or tasks to help you achieve your goal. Assign target dates for completing each action item or task. Record when you have completed each action item or task.

Action Item or Task	Target Date	Completed Date

**Reflection**

Once you have completed this SMART goal, answer the following reflection questions.

Question	Your Response
<p><b>What went well while you were working to accomplish this SMART goal?</b></p> <p><i>Did you use any learning strategies that were particularly effective? Were there any resources that you used that helped you to move your learning forward?</i></p>	
<p><b>What could have gone better while you were working to accomplish this SMART goal?</b></p> <p><i>Was there anything about your SMART goal that needed to be revised while you were working? Were some obstacles hard for you to overcome? Why? What would you do differently the next time that you are working to accomplish a SMART goal?</i></p>	