

Chapter 4 Reflection Questions: Developing Compassion in Coaching Relationships

Understanding Resistance

1. When have you encountered resistance that later revealed deeper professional commitment? What did you learn?
2. How do your own reactions to resistance affect your coaching approach?
3. What assumptions might you be making about resistant teachers?

Building Trust

4. What coaching relationships have developed the strongest trust? What contributed to this?
5. How do you maintain professional boundaries while building authentic connections?
6. When has patience with resistance led to breakthrough moments?

Growing Through Challenges

7. How has your approach to resistance evolved through your coaching experience?
8. What resistant relationships have taught you the most about coaching?
9. What new strategies would you like to develop for working with resistance?